



St. Francis of Assisi CYO Sports

Fall Sports	
Flag Football	Grades 3 - 4 Head Coach Pete Chambers
Football	Grades 5 - 8 Varsity (7th & 8th) Head Coach Ryan Donnelly JV (5th & 6th) Head Coach Bob Matty
Cheerleading	Grades 3 - 8 Head Coach Ann Marie Herwig
Volleyball	Grades 5 - 8 Varsity (7th & 8th) Head Coach Kara Thompson JV (5th & 6th) Head Coach Kim Gatto
Cross Country	Grades K-8 (co-ed) Head Coach Chris Neilson
Soccer	Grades 5 - 8 (co-ed) Varsity (7th & 8th) Head Coach Paul Ellis JV (5th & 6th) Head Coach Rob Longo

Winter Sports	
Intramural Basketball	<p>Grades 1 - 4</p> <p>Grades 1/2 co-ed Grades 3/4 Male/Female split Jim Donovan runs the program</p>
Basketball	<p>Grades 5 - 8</p> <p>Varsity A Girls Head Coach Chris D'Ambrosio Varsity B Girls Head Coach Mike Reardon JV A Girls Head Coach Suzie Rowlyk JV B Girls Head Coach Brian Oakes</p> <p>Varsity A Boys Head Coach Steve Altobelli Varsity B Boys Head Coach Chuck Bannon JV A Boys Head Coach John Nolan JV B Boys Greed Head Coach Matt McGuire JV B Boys Gold Head Coach Ed Dingler</p>
High School Basketball	<p>Grades 9 - 12</p> <p>HS Varsity Boys (11th & 12th) Head Coach Pat Marley HS JV Boys (9th & 10th) Head Coach Milt Hendrix HS Girls (9th - 12th) Head Coach Mike Donlan</p>

Spring Sports	
Baseball	Grades 5 - 8 Varsity Head Coach Brian Coleman JV Head Coach Dennis Conlan
Softball	Grades 5 - 8 Head Coach John Feeney
Track	Grades 4 - 8 Boys Head Coach Mark Winter Girls Head Coach Betsy Smeltzer
High School Volleyball	Grades 9 - 12 (co-ed) Head Coach Alison Clark